## Life as a Parent to an Autistic Child – Program Outline

The following is a partial outline of a talk that is given in regards to being a parent of a special needs child. With experience as a special needs parent, Josh Anderson is ready to give motivation and support to those who are facing this within their own life. Call <u>Andersons Talk</u> today to arrange a time to have Josh present to your organization.

## Life as a Parent to an Autistic Child

- 1. Introduction
  - a. Who I am
  - b. Little background on Jr.
- 2. Denial and Acceptance
  - a. All parents wish at some point that they had a "typical" child
    - i. On difficult days the wish that....
    - ii. If we didn't pay for therapy we could afford \_\_\_\_\_
  - b. Acknowledging the situation does not necessarily mean you accept it
    - i. Nor does acceptance mean you will not feel bad about it
    - ii. Every so often you will get depressed, it happens
- 3. Positive Aspects
  - a. You learn a lot of different things
  - b. Your experiences are unique
  - c. Be proud of what you have and what you are doing for your child
- 4. The Reality of Life
- 5. And More areas and discussions to be had

More Points and Detailed Information is discussed as a part of this presentation. To hear the full presentation contact Andersons Talk to schedule your presentation today!